

2019 CDBF Race Team Uniform Information *(All information on uniforms applies for when your team is in the staging area, the boat docks, or the boats themselves.)*

Safety issues:

- Hard-soled footwear must be worn at all times in staging area and boats.
 - Crocs are OK.
 - Boat shoes are OK.
 - Tevas are OK only if they have a heel strap.
 - **Flip-flops definitely are not.**
- PFD must be worn, and properly secured, at all times while on the dock or in the boat.
 - PFDs will be provided when you report for your race time.
 - You may wear your own PFD, as long as it is rated Type III.
 - “Properly secured” means all zippers closed, buckles fastened, and straps tightened so it is not hanging loose.
 - Your PFD must be the proper size and fit.
 - Example: If you are 5’2” and weigh 100 lbs, a XXXL is not the right size PDF for you!
 - You may wear your own PFD, as long as it is rated Type III.
 - **NO self-inflatable flotation devices allowed.**
- All team members must wear the correct wristband for their division and gender. Wristbands will be handed out and explained in the captain’s packet.
- Please ask race officials at team practices or before your race time if you are unsure about any particular item.

Other requirements:

- Everyone must wear a team T-shirt or common colored team uniform top. This can be as simple as everyone deciding to wear a blue shirt, or as complicated as having matching custom embroidered T-shirts made.
- T-Shirts can be designed however your team wishes; be creative!
- This is a family event. Keep your uniform designs in good taste and “Rated G”.
 - We will not tolerate offensive content on any part of a team uniform: offensive material may be grounds for disqualification.
 - This includes offensive material written in a non-English language.
- Teams should keep safety in mind when deciding on items to wear as part of their uniform. You can have an elaborate uniform for show, but leave dangerous items on shore before you race.
- There are no other specific limitations to the uniform beyond what is outlined here. Race officials will ask team members to remove items that may potentially be dangerous.